



THE OLD MISSION BELL



Issue #31

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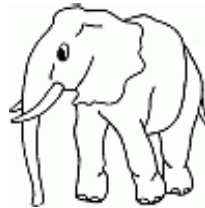
March 13, 2010

Kelly's is the Place...

Please note: We are meeting at Kelly's Steakhouse at Town and Country...at least until you hear otherwise!

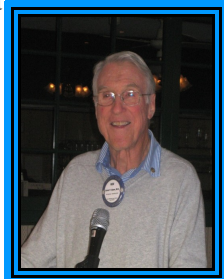
Don't Forget Your "White Elephant!!"

PLEASE bring your "great stuff" to be auctioned off at the March 23rd meeting! Smaller things can be brought to the March 16th meeting. Eric will take them home with him. If you have large items, contact Eric and let him know what you have and then bring them on the 23rd (by 11:00 a.m.)



Rotary a "Natural" for Dr. Glynn

Kevin Glynn was first exposed to Rotary in 1999 when he joined a surgical team for Mercy Outreach in conjunction with the San Diego Rotary Club. He found the host Mexican club to be very gracious and helpful. Past District Governor Bill McGage asked Kevin if he would like to join a club that was just in the formation stage. Not being familiar enough with Rotary to feel comfortable with that idea, Kevin visited several clubs. Russ Vuich guided him in finding his "home" with Old Mission. Kevin joined Old Mission in 2001, and is adamant when he says that Rotary has "given me much more than I have given to it."



Life is a Walk...on the Trail, for "Bones"

To say that Andrew "Bones" Simpson enjoys a good hike is an understatement. In the past 2

years he has hiked over 3,000 miles!

A talented musician as well as good walker, Simpson opened his program with "Rock me, Mama," a song he learned along the trail. His performance was somewhat unusual in that he played the guitar while at the same time playing the tambourine...with his foot!

After graduating from high school and trying college for a while, he found "a calling" in walking. His first major challenge was the Appalachian Trail..over 2100 miles from Georgia to Maine. Bones and his walking partner, "Mudbug," took 5 ½ months to complete the distance. Along the way they were constantly taken in by the gorgeous scenery. The solitude and beauty reaffirmed "Why we were out there" when their feet hurt and the weather was bad.

Two weeks after completing the Appalachian Trail hike he found himself in India. He was alone, but found plenty of kindred spirits to walk with. He trekked up Mt. Triund and then went to southern India for a 5-day walk.

From India he went to Nepal to climb to the Mt. Everest base camp. He found it to be very hiker-friendly, as there are now so many people going up Everest that shelters have provided every few miles. He climbed to 17,520 feet...a very technical climb...much more than a walk in the park! He loved every minute of it, so he went back to the Appalachian Trail for 500 more miles.

Next was the Colorado Trail from Denver to Durango, "the most beautiful long distance trail in the United States." He then hitchhiked to Alaska for more beautiful scenery.

Simpson's next challenge is the Pacific Crest Trail, to end, of course, then a return trip to to walk across the country.

Why does a 26-year-old leave home behind to wander the world? He says he does it

because of the new sights and new people he sees every day. He feels it is a very rich life, and his travels gives him faith in people and the world. The more he does it, the more he loves it.



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great music, dancing, food, drink, silent auction treasures... and more! The event is again at the Challenge Center, and will feature the same band. The planning committee is looking for sponsors. There are two ways to sponsor: with money or with service. The best way to find sponsors is through your personal contact. Contact Bob Miller if you have suggestions for sponsors. The committee will do the soliciting.

Notes:

- ★ Kristine Reese will be hosting a member of the Group Study Exchange in late April. He is an ear, nose and throat specialist from Uganda.
- ★ The Fiesta planning committee will meet Monday, March 15 from 5:30 to 6:30 p.m. at the La Playa Grill (formerly The Little Fish Market) in the Costco shopping center.

Meeting “Hosts” (pledge, invocation, drawing prizes...and “Who Am I?”):

March 16: Bob Graham

March 23: Sally Hardisty

March 30: Joe Harris

April 5: Warren Haviland

Programs:

March 16: Bill Bodry: Challenge Center Update

March 23: Eric Benink: **White Elephant Sale:** Invite everyone to join the fun...a super opportunity to bring a friend to Rotary. Also ask others to contribute “nice” items for the silent auction. These might be things you received as gifts but cannot use.

March 30: Michael Coleman: Laughter Yoga

April 6: Ernest Makulilo: Tanzania (Ambassadorial Scholar)

April 13: Peter Nunez: The Politics of Immigration Reform

Events:

April 24, 2010: Rotarians at Work Day:

Interactors will be joining us at Copley YMCA to do some painting and sprucing up...no hard labor! The more the merrier!

May 15, 2010, 6:00—10:00 P.M. Fiesta! Lots of

District News

Travel to other lands...

District 5340 is planning two Rotary Friendship Exchanges. The RFE program gives Rotarians and their partners the opportunity to experience other cultures firsthand, by participating in reciprocal visits with Rotarians from other countries.

We have tentative plans for a visit from a Turkish district in October 2010, and a D5340 visit to Turkey in 2011, as well as a trip to India in early 2011, with their return time TBD. South Africa is also on the list for a later exchange.

Louise Andres is looking for some volunteers to make up the District RFE team.

The team will decide what districts to exchange with, when to do it, and how to pick participants, as well as act as planners and leaders of the exchanges. If you are interested in being a part of this exciting new program, please contact her.

More information:

www.rotary.org/en/serviceandfellowship/Fellowship/RotaryFriendshipExchange/Pages/ri

[default.aspx](#)

Run/Walk for Water

At Mission Bay Park, De Anza Cove at 10:00 a.m. on April 12, will be the Live Earth worldwide event to promote greater awareness of water issues. Participants can walk or run 6 kilometers, the distance that women and children walk every day around the world to get water, the most basic item humans consume. Every day they do it-we can give one to help! Water is a Rotary focus areas, and the run/walk is an easy opportunity to raise support. Be outside, raise the heartbeat a little, and breathe fresh air amongst others who are enthusiastic about life and living. Clubs can seek sponsorships for their runners/walkers and use the income for projects in their communities or as a cash contribution to a Future Vision grant. So get a group of rambunctious, fun-loving Rotarians together for fun. More information: www.liveearth.org

Semper Fi - Let's go to the Ball Game

Baseball Season is almost here- The Miramar and Camp Pendleton Rotary Clubs would like to take as many Marines as possible to the Padre game on April 19th vs San Francisco but we need a little help.

Tickets are only \$8.50 each and we are trying to offer them in blocks of 50 tickets. This is a designated ROTARY night at the ballpark. Please join us as we try to show these warriors how much we appreciate them.

Contact - Mike Stelman 858-229-5615-mstelman@aol.com

Check the district website for all the latest in District 5340: www.rotary5340.org.

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